

1-800-352-4477

Nutrition Facts
 Serving Size 1 oz (28g/About 12 chips)
 Servings Per Container 9

Amount Per Serving

Calories 160	Calories from Fat 90
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	% Daily Value*
Total Fat 10g	16%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Potassium 340mg	10%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	5%
Sugars less than 1g	
Protein 2g	

Vitamin A 0%	•	Vitamin C 10%
Calcium 0%	•	Iron 2%
Vitamin E 6%	•	Thiamin 4%
Niacin 6%	•	Vitamin B ₆ 10%
Phosphorus 2%	•	Magnesium 4%



Photo 1.6a and 1.6b Are baked chips really better for you?